



Deep Dive Virtual- Learning objectives

Participants will be able to:

1. Identify elements that inform their ideal sexual self
2. Discuss their attitudes, values, and beliefs about a wide range of sexual expressions and behaviours
3. Demonstrate an understanding of the socio-cultural factors that may influence a person's experience of sexual identity, inequality, and intimacy
4. Define and discuss elements within media showing human sexual identity, inequality and intimacy, and the impact that has on their own and others attitudes and values
5. Identify specific sexual expressions or behaviours that are outside their comfort zone
6. Evaluate and discuss the life experiences of individuals with diverse sexual experiences of sexual identity, inequality, and/or intimacy
7. Utilise exposure to new or different aspects of human sexual identity, inequality, and intimacy in their clinical or educational work
8. Assess and define the aspects of sexual expression and behaviour that would not be relevant for working with their clients
9. Evaluate developmentally appropriate sexual expressions and behaviours as a continuum based on biopsychosocial factors
10. Describe how the Sexual Attitudes Reassessment and Restructuring has affected their professional philosophy
11. Utilise an understanding of human sexual identity, inequality, and/or intimacy in their professional communication skills
12. Exercise personal reflection on sexual expression and behaviours of both self and other